

RENEWBODY-“CHANGE – LASTING RESULTS”

“Therefore, I urge you, brothers, in view of God’s mercy to offer your bodies as living sacrifices holy and pleasing to God – this is your spiritual act of worship. ² Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. ³ Do not think of yourself more highly (be humble) than you ought, but rather think of yourself with sober judgment, (be honest) in accordance with the measure of faith God has given you. ⁴ Just as our bodies have many parts and each part has a special function, ⁵ so it is with Christ’s body. We are all parts of his one body, and each of us has different work to do. (And since we are all one body in Christ, we belong to each other, and each of us needs all the other.) ⁹ Don’t just pretend you love others. Really love them. Hate what is evil. Stand on the side of what is good. ¹⁰ Love each other with genuine affection, and take delight in honoring each other. ¹¹ Never be lacking in zeal, (Never, never, never be lacking in zeal,) but keep your spiritual fervor in serving the Lord. ¹² Be joyful in hope, patient in affliction, faithful in prayer.” – Romans 12:1-5, 9-12

Six Principles for Lasting Change –

1. _____.

Therefore – in light of everything I just said.

Four Laws of Change – I. _____.

Three Spiritual Acts of Worship:

* _____.

“Let us purify ourselves from everything that contaminates the body and spirit, perfecting holiness out of reverence for God.” – 2 Corinthians 7:1

* _____.

“No one hates his own body but lovingly cares for it, just as Christ cares for his body which is the church.” – 2 Corinthians 7:1

* _____.

“Each of you should learn to control his own body in a way that is holy and honorable.” – 1 Thes. 4:4

“I discipline my body like an athlete, training it to do what it should.” – 1 Corinthians 9:27 (NLT)

“Seventy-five percent of the 2.5 trillion dollars of U.S. health care costs stems from chronic diseases (heart disease; diabetes; cancer; dementia; autoimmune diseases; allergies; acid reflux; irritable bowels; neurological problems; depression; attention deficit hyperactivity disorder; thyroid, hormonal; skin problems including eczema, psoriasis, acne, and more...) which can be prevented by lifestyle choices.” – Department of Health and Human Services

2. _____.

Conform – to copy everybody else.

Four Laws of Change – II. _____.

“Bad company corrupts good character.” – 1 Cor. 15:33 (NLT)

“Put off your old self, which is being corrupted by deceitful desires; and be made new in the attitude of your minds; and put on the new self, created to be like God in true righteousness and holiness.” – Ephesians 4:22-24

Transformed – metamorphosis.

3. _____.

Honesty is the best policy and I must humbly assess my current state.

Honest Questions: (available at the Information Center)

“Without faith it is impossible to please God.” – Hebrews 11:6

“According to your faith it will be done unto you.” – Matthew 9:29

Limited faith means a limited future and unlimited faith means an unlimited future.

Four Laws of Change – III. _____.

Two Practical Applications:

• _____.

• _____.

4. _____.

Four Laws of Change – IV. _____.

You change faster, you change better, you change longer, you change more completely, you change permanently through community.

Two Things you must have:

- _____.

- _____.

5. _____.

“Love is stronger than death.” – Song of Solomon 8:6 (CEV)

God has wired the universe that when you help other people, God takes care of your problems.

“After Job prayed for his friends, the Lord gave him success again and the Lord gave Job twice as much as before.” – Job 45:10

6. _____.

“Nothing great is ever accomplished without enthusiasm.” – Ralph Waldo Emerson

Enthusiasm – En Theos, in God

Reflect: How will you apply this teaching? What really stood out to you in this message?
